

- Good old fashioned quizzing is an ideal vehicle to get you testing yourself.
- It is proven to be a robust revision strategy, so that you can calibrate your knowledge with remembering it.
- There are various types of quizzes, of course, such as short answer quizzing, multiple choice or a hybrid of the two, with different question types suiting different purposes.

Watch the video to hear an explanation of the most effective way of testing yourself.



[Click here to have a go at an online quiz](#)