

# YEAR 12

Autumn term			Spring term			Summer term		
Week	Focus	Lesson content	Week	Focus	Lesson content	Week	Focus	Lesson content
1 - half week	Transition		1 - half week	Health and wellbeing	Healthy Lifestyles - Healthy eating and drinking (energy drinks)	1	Preparing for the future	Bank accounts
2		Revision planning	2		Healthy lifestyles - exercise, sleep and consequences of being unhealthy	2		Pay slips / understanding tax
3		Using study periods effectively	3		Vaping / smoking	3		Employment rights
4		Volunteering	4		Healthy body image	4		Staying safe
5		Work experience	5		Your body, your rights - pregnancy, stop and search, medical rights, body modifications	5		Interviews
6		Work experience	6		Online safety and digital footprint - grooming and CSE	6		P18 options / choices
7		Plagiarism	Half term	Half term	Half term	Half term		
Half term	Health and Wellbeing		1 - PPEs	Diversity / inclusion	NO KEY SKILLS	1	UCAS	Introduction to UCAS
1		Mental health - first aid and stigma	2		Xenophobia / prejudice relating to migration	2		SACU and course choices
2 - PPEs		NO KEY SKILLS	3		Anti-racism	3 - PPEs		NO KEY SKILLS
3		Safe sex/ consent	4		Sexuality / LGBTQIA+	4		Logging into UCAS and completing your personal details
4		STIs	5		Sexism	5		How to write a personal statement
5		Healthy / unhealthy relationships - gaslighting, stalking / harassment	6		Anti-sematism / Islamophobia	6 - Work Experience		NO KEY SKILLS
6		Drugs awareness	7	Hidden disabilities	7	Personal statement writing		
7	Alcohol awareness and spiking	Easter hols	Easter hols	Summer hols	Summer hols			
Christmas hols								