

# KS5 CURRICULUM: Health and Social Care Unit 1 Human Lifespan development (Year 12)

## Overview

In Health and Social care you will learn about:

- Understand how the human body works from a baby to later adulthood and the Physical, Intellectual, Emotional, social changes that affect it.
- How life events, illnesses can impact the body
- How to apply theories into practice and their understanding of the human body (Piaget, Bowlby, Bandura, Ainsworth)

	<b>Focus / Topic</b>	<b>Knowledge &amp; Skills</b>	<b>Assessment</b>
Autumn 1	<p><b>Understand human development</b> Define the terms growth; development; developmental norms; developmental milestones; life course; maturation and life expectancy Identify and describe 4 areas of development and life stages Discuss potential causes and effects of delayed and arrested development during foetal development Explain the patterns of growth and development during infancy and make links to theories of development Discuss developmental skills and the importance of holistic development Identify and explain the patterns of development during childhood</p>	<p>Students will look at the 4 areas of development (PIES) introduced with activity – group work to look at the areas of development and life stages.</p> <p>What is growth? What is development? looking at how we develop from babies to infants, why do some kids take longer to develop than others.</p> <p>Look at the different theories' arguments/criticisms, how to analyse/evaluate what the different theorists are saying and apply it to the exam. How does a child develop physically, Intellectually, emotionally and socially, why is it different compared to infancy?</p>	<p>Key word testing throughout</p> <p>Theorist testing throughout</p> <p>Mock paper exam to test knowledge and understanding. November 2021/22</p>
Autumn 2	<p>Explain the importance of secondary socialisation and peer pressure Introduction to adolescence Identify and describe physical areas of puberty (differences between male &amp; female)</p>	<p>Looking at different socialisation agents (Family, Friends, school, religion) and how they shape how development. The physical changes of a girl and a boy, both internally and externally.</p>	<p>Key word testing throughout</p> <p>Theorist testing throughout</p>

	<p>Identify the PIES in relation to adulthood</p> <p>Identify the PIES in relation to later adulthood</p> <p>Positives of later adulthood</p>	<p>How the PIES affect adolescence and the impact it can have.</p> <p>How the PIES affect into adulthood and the impact it can cause.</p> <p>What are the positives of growing old-does life get better or worse?</p>	<p>Mock paper exam to test knowledge and understanding. January 2020</p>
Spring 1	<p><b>Factors affecting human growth and development</b></p> <p>Discuss the nature- nurture debate in relation to an individual</p> <p>Identify key theorists and discuss their arguments in relation to the debate</p> <p>Define the term factor</p> <p>Identify different life factors that affect development</p> <p>Explain the difference between genetic and biological factors</p> <p>Identify biological factors</p>	<p>What other factors can affect development? Environmental? Economic? Social?</p> <p>Bandura v Bowlby what shapes up nature or nurture? Is one more vital then the other. What can we learn from these theorists?</p> <p>Does genetics affect our development eg cystic fibrosis? Or the way we are born.</p>	<p>Recall quiz</p> <p>Theorist testing</p>
Spring 2	<p>Effects of ageing: understand the physical effects of ageing</p> <p>Understand the psychological effects of ageing</p> <p>Understand the social effects of ageing</p> <p>Consolidate the social effects of ageing</p>	<p>What happens to our body, mind, emotions as we get older.</p> <p>What are the psychological effects of dementia, brain diseases?</p> <p>What are the social/economic effects of ageing, what is the impact? Is it all detrimental for many elderly people.</p>	
Summer 1	<p>Revision/going over key skills/concepts</p> <p>Flash cards, Exam practice, past papers</p>	<p>Intense/deep revision to apply everything they have learned for the exam.</p>	
Summer 2	<p>Exam –Unit completed</p>		<p>May 16<sup>th</sup> 2024</p>